2017

Annual Research Output Report

Prepared December, 2017
[closed June 2018]
A.Prof. Andrew Francis,
Director of Research
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## Academic Staff

## Research Outputs

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## Academic Staff

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<tr>
<th>Name</th>
<th>Position</th>
<th>Qualifications</th>
<th>Research Interest</th>
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<tbody>
<tr>
<td>Dr Alastair Anderson</td>
<td>Senior Lecturer, Research Coordinator</td>
<td>BEc MBA PhD GradDipAppSc</td>
<td>Socialisation of children into sport, soccer fan violence, computer anxiety, drugs in sport, sport and active living and personality. Social media, gaming and wellbeing.</td>
</tr>
<tr>
<td>Dr Stephen Andrew</td>
<td>Senior Lecturer</td>
<td>DClinSci BEd(Couns) BA</td>
<td>The impact of the therapeutic alliance, burnout, effective teaching of psychotherapy, and problem gambling behaviour.</td>
</tr>
<tr>
<td>Dr Coral Brown</td>
<td>Assistant Director</td>
<td>PhD MA GradDipEd(Couns) BA FAPS MACE</td>
<td>Attachment theories, psychodynamic psychotherapy, evidence based practice and training, relationship therapy and the therapeutic change processes.</td>
</tr>
<tr>
<td>Ms Julijana Chochovski</td>
<td>SAGE Deputy Director</td>
<td>BSc(Hons) GradDipPsy Std GradDipPsych MPsyh(Clin) MAPS</td>
<td>Ageing, depression, dementia, grief and loss, trauma, retirement and adjustment issues.</td>
</tr>
<tr>
<td>Dr Michael Clarke</td>
<td>Lecturer, Supervisor, Coordinator - Doctor of Psychology (Clinical Psychology)</td>
<td>PhD ClinPsych BSocScHons GDipPsyh BA MAPS</td>
<td>Gender, sexuality, sexual functioning, anxiety, social psychology.</td>
</tr>
<tr>
<td>Name</td>
<td>Position</td>
<td>Qualifications</td>
<td>Research Interests</td>
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<tr>
<td>Dr James Collard</td>
<td>Lecturer &amp; Supervisor</td>
<td>DPsysch, GradDipPsych, BCom, BSci MAPS</td>
<td>Mental health, cognitive behavioural theory and practices, health psychology and the interaction of physiological and psychological factors, subjective wellbeing, the enhancement of therapy with technology.</td>
</tr>
<tr>
<td>Dr Rachel Cousins</td>
<td>Lecturer</td>
<td>DPsysch (Clinical), BBSc(Hons) MAPS</td>
<td>Transition to parenthood; parenting issues; building children’s emotional intelligence; parenting programs; Chronic Illness; physical and mental health; mindfulness</td>
</tr>
<tr>
<td>Dr Russell Deighton</td>
<td>Senior Lecturer</td>
<td>Dr biol hum (PhD) (Ulm) Dipl Psych, (Clinical Psychology, Konstanz) BA(Hons) MAPS</td>
<td>Sensorimotor and emotional processes in trauma; problem gambling; and loss and grief</td>
</tr>
<tr>
<td>Ms Mary Dewberry</td>
<td>Lecturer</td>
<td>MA(Couns Psych) BA (Hons) MAPS</td>
<td>Christian research, spirituality and well-being, marital satisfaction, psychology and refugees, psychology and Christianity</td>
</tr>
<tr>
<td>A.Prof. Andrew Francis</td>
<td>Director of Research</td>
<td>B.BSc (Hon), Ph.D, DipHlthSci, DipPMT</td>
<td>Integrative psychology, behavioural neuroscience, general psychopathology, personality disorders, dementia, resilience across the lifespan, nature &amp; wellbeing, meaning making</td>
</tr>
<tr>
<td>Ms Robyn Gordon</td>
<td>Lecturer, Clinician, Supervisor</td>
<td>MA GradDip MAPS</td>
<td>Psychoanalytic psychotherapy, attachment theory; child and adolescent mental health; depression; relationships; body image</td>
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<tr>
<td>Name</td>
<td>Title/Position</td>
<td>Qualifications</td>
<td>Research Interests</td>
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<tr>
<td>Dr Alexa Kambouropoulos</td>
<td>Senior Lecturer, Coordinator– Workplace Education Unit</td>
<td>PhD Med(Psych) BA MAPS</td>
<td>Counselling across cultures, youth health and well-being, supervision and evaluation of educational programs.</td>
</tr>
<tr>
<td>Ms Margaret Karafilowska</td>
<td>Lecturer, Clinician and Supervisor</td>
<td>MCounspthy GradDip(Psych) Assoc MAPS</td>
<td>Problem gambling and evidence based treatment methods; anxiety disorders; social anxiety; OCD; attachment and relationship factors</td>
</tr>
<tr>
<td>Dr Mandy Kienhuis</td>
<td>Senior Lecturer, Coordinator Graduate Diploma in Psychology</td>
<td>PhD (Clinical) BAppSci(Hons) BBehSc GCertTertTeach&amp;Learn MAPS</td>
<td>Adjustment to life transitions; parenting; stress and coping; resilience across the lifespan; perfectionism; evaluation of clinical interventions; student wellbeing; evidence-based teaching methods.</td>
</tr>
<tr>
<td>Dr Jon Kettle</td>
<td>Clinical Psychologist, Lecturer, North West Area Clinical Manager</td>
<td>PhD MPsyh (Clinical) BA (Hons.) MAPS MCCLP</td>
<td>Mental illness, psychopathology, psychotherapy, and the training of psychologists.</td>
</tr>
<tr>
<td>Ms Zoë Krupka</td>
<td>Lecturer</td>
<td>MCounsHumServ PACFA (Clinical)</td>
<td>Supervision theory and practice; therapist self-care and burnout; auto ethnographic research methodology, critical theory, anthropological psychology.</td>
</tr>
<tr>
<td>Dr Jacque Mills</td>
<td>Lecturer</td>
<td>BAAppSciPsych(Hons) PhD</td>
<td>Body image (both men and women), disordered eating, social media use and body image, ecological momentary assessment, use of smartphone apps, and interventions for body image and disordered eating.</td>
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<tr>
<td>Name</td>
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<td>Qualifications</td>
<td>Areas of Expertise</td>
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<tr>
<td>Dr RoseAnne Misajon</td>
<td>Senior Lecturer</td>
<td>BSc/BA(Hons) PhD</td>
<td>Subjective wellbeing, health-related quality of life, chronic illness, psychometrics and scale development, experiences of prejudice, social inclusion and culturally diverse populations.</td>
</tr>
<tr>
<td>Dr Tanya Osicka</td>
<td>Clinician</td>
<td>DPsych(Health), GDipPsych, GradCertGer, BA, MAPS</td>
<td>Dietary behaviors in functional bowel disorders; renal dialysis, health literacy and quality of life; meaning based interventions for advanced cancer; and disclosure of parental cancer to children.</td>
</tr>
<tr>
<td>Professor Ben Richardson</td>
<td>Head of School</td>
<td>PhD Psych(Hons) BAppSc</td>
<td>State-based phenomena (e.g., what someone is feeling or thinking ‘right now’) impact upon mental health and behaviours such as risky drinking. Areas of expertise: Data Science; Experience Sampling / Ecological Momentary</td>
</tr>
<tr>
<td>Dr John Ryan</td>
<td>Lecturer</td>
<td>PhD GradDip AppSci DipEd</td>
<td>Dyslexia, specific learning difficulties and the perceptual assessments use for fitness work.</td>
</tr>
<tr>
<td>Ms Bella Saunders</td>
<td>Lecturer, Deputy Coordinator–Master of Psychology (Clinician of Psychology (Clinical Psychology)</td>
<td>M ClinPsych MEdSt (Psych) DipEdPsy BA MAPS</td>
<td>Children’s mental health, early intervention and prevention of mental health disorders in children, developmental disabilities and learning difficulties.</td>
</tr>
<tr>
<td>Name</td>
<td>Position</td>
<td>Qualifications</td>
<td>Research Focus</td>
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<tr>
<td>Dr Vasileios Stavropoulos</td>
<td>Senior Lecturer</td>
<td>PhDClinPsych MScClinPsych BSc(Hons) MAPS</td>
<td>Internet Addiction, Internet Gaming Disorder risk and protective factors, assessment and treatment; Developmental Psychology (Latent Growth &amp; Multilevel Analyses; Psychometry (Measurement Invariance studies across different cultures, genders, age groups).</td>
</tr>
<tr>
<td>Dr Claire Thompson</td>
<td>Research Fellow - Community Programs</td>
<td>PhD MPsych (Clinical) BA (Hons.) MAPS FCCLP MSPS</td>
<td>Ageing and mental health of older adults, trauma recovery for young children, models of clinical psychology training programs and Program Evaluation.</td>
</tr>
<tr>
<td>Dr Steven Trawley</td>
<td>Lecturer</td>
<td>PhD, BSc (Hons)</td>
<td>Diabetes self-management; prospective memory, older adult cognition, road safety.</td>
</tr>
<tr>
<td>Dr Sarah Wrigley</td>
<td>Lecturer, Placement Coordinator, Master of Psychology (Clinical Psychology)</td>
<td>DPsych(Clin) GradDip CAT BBSc(Hons)</td>
<td>Applying scientific research to direct client services, development and application of group intervention programs, psychological therapies for the treatment of chronic physical health problems.</td>
</tr>
<tr>
<td>Ms Kelly Watt-McMahon</td>
<td>Lecturer</td>
<td>MPsyCh(Clin) BBSc(Hons)</td>
<td>Borderline personality disorder – Assessment and management of chronic suicide risk &amp; self-harm; Principles in the relationship that underlie successful treatment; Integration of evidence-based treatments for BPD. Training professionals and students in working with BPD.</td>
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</tbody>
</table>
Research Outputs

1Work associated with other institutional affiliation

1. Books


2. Chapters in Books

Deighton, R.M. (2017).1 The relationship we have with culture, and how it makes us feel. Festschriftbeitrag zur Verabschiedung von Prof. Dr. Harald C. Traue. Lengerich: Pabstverlag.


3. Refereed Journal


Pinto, R., **Kienhuis, M.**, Sleivson, M., Chester, A., Sloss, A., & Yap, K. (2017)¹. The


multilevel longitudinal study of obsessive compulsive symptoms in adolescence: male gender and emotional stability as protective factors. *Annals of general psychiatry*, 16(1), 42.DOI:/10.1186/s12991-017-0165-z


4. Under review


McAuley, S.A., de Bock,M., Sundararajan, V., Burt, M., Cohen, N., Holmes-Walker, D... Trawley., S.L., Jones, TW, O’Neal, D.N (submitted, Nov) .Effectiveness of 6 months hybrid closed-loop insulin delivery on glucose control, psychosocial well-
presence, sleep and cognition in adults with type 1 diabetes: a randomized controlled trial protocol. *BMJ Open.*


5. Reports


6. Non Refereed Journals


7. Conference Papers


session presented at The Cairnmillar Institute 2017 Research and Practice Conference, Melbourne.

8. Public Presentations

Collard, J. “Youth Mental Health”, Casey ARC/YMCA, October 2017.

Collard, J. “Youth Mental Health”, Monbulk Aquatic Centre, October 2017.


Trawley, Holmes-Truscott, Speight (2017, October). Why don’t Australian drivers with type 1 diabetes check their blood glucose before driving? Australian Road Safety Conference, October 2017, Perth.

9. Media Presentations


Mills, J.


10. Research Grants and Tenders


von Treuer, K. (2017). Consumer Directed Care in Residential Aged Care: Transforming Practice through the Resident at the Centre of Care (RCC) Program. NHMRC. $836,087


Under review

Collard, J. (under review) Gandel Philanthropy, Evaluation of a positive attributes in action reflection task. $10,000.


11. Consultancies, Appointments & Honorary Positions

Osicka, T. Honorary Research Assistant, Szalmuk Family Psycho-Oncology Unit, Cabrini Institute, Malvern.

Misajon, R. Adjunct Senior Lecturer, School of Social Sciences, Monash University

Richardson, B., Honorary Associate Professor, School of Psychology, Deakin University.

Stavropoulos, V. Honorary Research Fellow. School of Philosophy, Department of Psychology, National and Kapodistrian University of Athens, Greece

Thompson, Adjunct Associate Professor of Psychology, College of Healthcare Sciences, James Cook University, Townsville.

von Treuer, K. Honorary Associate Professor, School of Medicine, Deakin University

12. Student Supervision & Outcomes


Clarke, M.J. Primary Supervisor, Doctor of Psychology (Clinical Psychology). The Effects of Masculinity and Trauma on Therapeutic Alliance and Therapeutic Engagement. **Nikki Glavas**, The Cairnmillar Institute: ongoing.


Collard, J.: Primary Supervisor, Master of Psychology (Clinical) Core self-evaluations, forgiveness and rumination as an influence on emotional distress (ongoing).


Deighton, R. Primary Supervisor, Master of Psychology (Clinical). Personal theory of addiction (disease or choice) and its relationship with shame, self-efficacy, and motivation to change in people with addiction. **Zeren Ulsoy**, The Cairnmillar Institute: ongoing.


Deighton, R. Primary Supervisor, Doctor of Psychology (Clinical). The Influence of Childhood Experiences on Adult Behaviours and Shame. **Anna Murphy**, The Cairnmillar Institute in collaboration with Monash Health: ongoing.


Francis, A.J.P. Primary supervisor, Graduate Diploma of Psychology. Intergenerational Early Maladaptive Schemas and the Role of Parenting Styles in Mother-Daughter Dyads. **Madeline Gibson.** The Cairnmillar Institute (completed, 2017).


Francis, A.J.P. Primary supervisor, Masters of Clinical Psychology. Psychosocial factors and acute cardiac patient populations. **Joshua Smith.** The Cairnmillar Institute, in association with Austin Hospital (commenced, 2017).


Kambouropoulos, A. Primary Supervisor, Master of Psychology (Clinical). **Exploring trait mindfulness in the context of parenting adolescents.**

Kambouropoulos, A.: Primary Supervisor, Master of Psychology (Clinical) Religion, **Spirituality and Mental Health: Investigation of links and emotions (Submitted April 2017).**

Kambouropoulos, A.: Primary Supervisor, Master of Psychology (Clinical) **Eating Disorders and Caregiver Burden: The Impact of Psychological Distress and Wellbeing (ongoing).**


Kambouropoulos, A. Primary Supervisor, Master of Psychology (Clinical). *Facebook Motivators that predict Facebook Intensity and affect Subjective Well* (ongoing).


Kettle, J. Primary Supervisor, Graduate Diploma of Psychology. *The impact of chronicity schizophrenia over time on executive functioning, memory and intelligence*. (Graduate Diploma of Psychology thesis). Sarah Teape: The Cairnmillar Institute in collaboration with Monash Health: ongoing.


Mills, J. Primary supervisor, Graduate Diploma of Psychology. The mediating role of thin ideal internalisation and appearance-based comparisons in the relationship between social media use and fat talk. **Joshua Lasky**: The Cairnmillar Institute (ongoing).

Mills, J. Primary supervisor, Graduate Diploma of Psychology. The mediating role of thin ideal internalisation and appearance-based comparisons in the relationship between parental fat talk and disordered eating. **Suzannah Willis**: The Cairnmillar Institute (ongoing).

Mills, J. Primary supervisor, Graduate Diploma of Psychology. The mediating role of thin ideal internalisation and appearance-based comparisons in the relationship between anti-fat attitudes and disordered eating. **Nicole D’Souza**: The Cairnmillar Institute (ongoing).

Mills, J. Primary supervisor, Master of Psychology (Clinical). Exposure to fitspiration on social media and the impact on body image in daily life. **Samantha Decker**: The Cairnmillar Institute (ongoing).

Mills, J. Primary supervisor, Master of Psychology (Clinical). Active and passive social media use and the impact on body image in daily life. **Samantha Lavale**: The Cairnmillar Institute (ongoing).


Misajon, R. Primary supervisor: PhD. Mindfulness Meditation and Resilience Building in New Migrant Communities. **Rakshinda Kabir**: Monash University (ongoing)

Misajon, R. Associate supervisor: PhD. “It’s a set of scale on a journey”: Living well as young people with vision impairment. **Ross Anderson**: Monash University (submitted Dec 2017)


Misajon, R. Primary supervisor: Master of Psychology (Clinical). The Impact of ADHD & Impulsivity on Disordered Eating habits, Weight Loss, & Health Related Quality of Life Outcomes in Post-Bariatric Surgery Patients **Oliver Waluk**: Cairnmillar Institute (ongoing).
**Misajon, R.** Primary supervisor: Master of Psychology (Clinical). The subjective wellbeing of bariatric surgery patients. **Jessica Robinson:** Cairnmillar Institute (ongoing).

**Misajon, R.** Primary supervisor: Master of Psychology (Clinical). Eating Styles, Self-efficacy, and Support Following Bariatric Surgery: It’s Effects on Weight Loss and Wellbeing. **Michelle Ferguson:** Cairnmillar Institute (ongoing).

**Misajon, R.** Primary supervisor: Master of Psychology (Clinical). Testing the Subjective Wellbeing Homeostasis Model under challenge. **Marina Salambasis:** Cairnmillar Institute (ongoing).

**Misajon, R.** Primary supervisor: Master of Psychology (Clinical). A Study Investigating Subjective Well-Being & Resilience in Women with a Diagnosis of Breast Cancer. **Parris Davenport:** Cairnmillar Institute (to submit Dec 2017).

**Misajon, R.** Primary supervisor: Graduate Diploma of Psychology. Excessive Dependency in Romantic Relationships and its role in Subjective Wellbeing. **Apeksha Das:** Cairnmillar Institute (Completed 2017).

**Misajon, R.** Primary supervisor: Graduate Diploma of Psychology. Division of parental responsibilities, marital satisfaction, caregiver’s burden and subjective wellbeing of mothers with ASD diagnosed children. **Madeline Black:** Cairnmillar Institute (Completed 2017).

**Misajon, R.** Primary supervisor: Graduate Diploma of Psychology. The Relationship between Adult Romantic Attachment Styles and Subjective Wellbeing. **Alex Griffiths:** Cairnmillar Institute (Completed 2017).

**Misajon, R.** Primary supervisor: Graduate Diploma of Psychology. Acculturation and Subjective Wellbeing in African Migrants and Refugees. **Stephanie Nemaric:** Cairnmillar Institute (ongoing).


**Saunders, B.** Primary Supervisor: Master of Psychology (Clinical), Do self-determination, maladaptive coping and locus of control mediate the relationship between attachment and social anxiety? **Carina M. Purdea,** The Cairnmillar Institute: Submitted 2017.


Thompson, C.L. Primary Supervisor, Graduate Diploma of Psychology. The Big Tent Supervision Program Evaluation: Changes in Participant Quality of Life and Stress, Emily Clinch, The Cairnmillar Institute.

Thompson, C.L. Primary Supervisor, Graduate Diploma of Psychology. The Big Tent Supervision Program Evaluation: Predictors of Participant Quality of Life and Stress. Rebecca Barbie, The Cairnmillar Institute.


Thompson, C.L. Primary Supervisor: Doctor of Psychology, Prescription privileges for clinical psychologists: An analysis of opinions about mental health care based on the Health Belief Model. Li Fang Neo, James Cook University: Completed 2017.


13. Theses Examinations


Krupka, Z. Examiner for Master of Psychology (Clinical Psychology). *The contribution of contextual factors and individual characteristics to the supervisory alliance.* Nina Ding: The Cairnmillar Institute.


Misajon, R. Examiner for Master of Psychology (Clinical Psychology). *Social media 'ideal' body types and wellbeing.* Bianca Lebenholc: The Cairnmillar Institute

Misajon, R. Examiner for Master of Psychology (Clinical Psychology). *Workplace bullying: Coping strategies and social support as protective factors of subjective wellbeing.* Jessica McLinden: The Cairnmillar Institute


Misajon, R. Examiner for Graduate Diploma of Psychology. *Internalised homophobia, risky behaviour engagement and the role of subjective wellbeing.* Adam Kelly: The Cairnmillar Institute.


15. Editor, Reviewer for Journals

**Francis, A.J.P.**
- Cognitive Behavior Therapy
- International Journal of Wellbeing

**Mills, J.**
- Body Image.

**Misajon, R.**
- Quality of Life Research
- Social Indicators Research

**Thompson, C.**
- Journal of Clinical and Experimental Neuropsychology
- Gerontology

**Trawley, S.**
- Diabetes Technology & Therapeutics.

16. Creative Output


