HOW TO: MANAGE CHRONIC SUICIDE RISK AND SELF-HARM IN BORDERLINE PERSONALITY DISORDER

Clients with Borderline Personality Disorder (BPD), or traits are often chronically suicidal and use self-harm to regulate their emotional world. Working therapeutically with these presentations requires the clinician to assess and manage the risk differently.

This workshop will provide learning in:

- understanding the difference between chronic and acute suicide risk
- the functions of self-harm
- the different method of risk assessment used with chronic suicidality
- talking with the at-risk borderline client and managing the dynamics in the room
- knowing and observing our own emotional responses and counter-transference
- making management decisions about risk in this population, and documenting this
- common systemic dynamics that occur between professionals when faced with risk in borderline personality disorder, and how to navigate these issues.

Date: Wednesday 22nd August 2018 – working professional session
     Monday 10th September 2018 – student session

Time: 9am to 4pm

Location: 391-393 Tooronga Road, Hawthorn East, VIC 3123

Room: Teaching Room 1

Cost: $300 participant
     $200 Cairnmillar Alumni or External Student
     $30 for Cairnmillar Students

Places are limited. To book your place please submit an enrolment form through https://www.cairnmillar.edu.au/short-courses/ or email shortcourses@cairnmillar.edu.au.