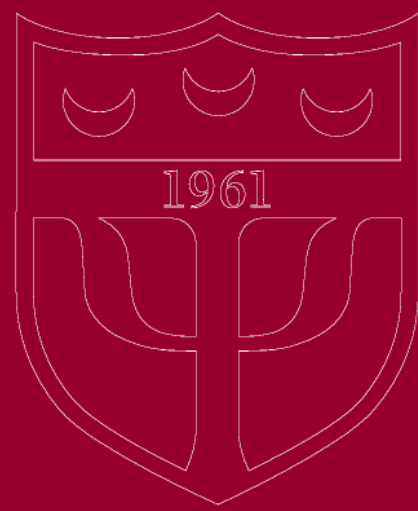




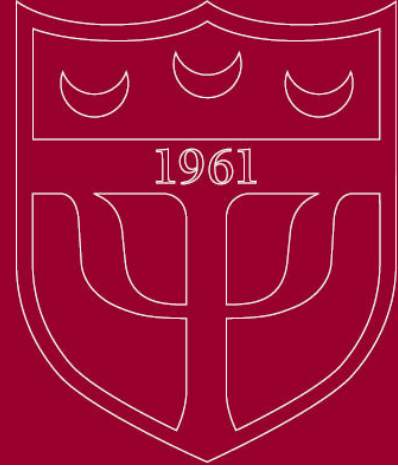
Cairnmillar
INSTITUTE



Graduate Psychology Internship Program



Graduate Psychology Internship Program



Cairnmillar will offer a Master of Psychology degree for the first time in 2010. Counselling psychologists provide assessment, counselling, and psychotherapy for individuals, couples, families, children and groups. They work with a range of mental health and psychological issues.

The program will prepare students for professional practice as counselling psychologists. Students participate in supervised work placements undertake qualitative or quantitative research into aspects of psychological counselling, such as the therapeutic process, experiences of clients and therapists, change processes, differing presenting issues and studies of treatment outcome. Students also undertake a course work component .

Offered on a full time study basis, the program will ensure that students gain the core competencies and generic skills required of a counselling psychologist such as practice management, and the ethical standards of the profession. Students who have completed an approved four year APS or APAC psychology course and have relevant counselling or human services work experience will be eligible to enrol.

Prospective students should note that at this time the degree does not have APAC accreditation. Students will be able to complete all the requirements and achieve the award of the degree, but will not receive registration as a psychologist. To achieve this objective, they will need to complete all the individual and group supervision, professional development, workplace experience , total hours and all the competencies required for registration as a psychologist by the Psychologists Registration Board of Victoria.

Cairnmillar’s professional internship provides “hands-on” learning within a structured training program. It enables you to add Cairnmillar’s name to your CV, gain a higher degree, network with other students and make professional contacts that will last you a lifetime. It provides the opportunity to develop your professional knowledge, gain experience in counselling psychology and to gain work place experience. It enables you to put your academic knowledge into practice, gain in confidence, and become competent to practice in the field.

Our interns take great pride in the professional development they receive. Under supervision you will work with clients from different cultural backgrounds, with a range of presenting issues and with specific emotional, psychological and vocational needs. You will also gain knowledge of the discipline, practice management skills and other competencies mandated by the profession, in close consultation with your supervisor, mentors and lecturers,

Program Overview

- Psychology Work Placement
- Individual Supervision
- Group Supervision
- Course Work
- Psychometric Testing



On completion of the program, interns will normally gain the following skills:

- The competencies required for registration as a psychologist;
- The practice skills to undertake psychological assessment, including social, emotional and cognitive skills, personality, anxiety, depression, stress and other related behaviours;
- A wide range of counselling and psychotherapeutic skills developed together with the therapeutic procedures suitable for clients typically presenting for help;
- Advanced knowledge and understanding of the professional and ethical guidelines as mandated for the provision of psychological counselling;
- The skills to present and discuss case material from an ethical, theoretical and practice based viewpoint with psychological and other helping professionals;
- The practice skills and knowledge to work with specific client groups and problem areas;
- The skills to provide treatment that is practice and evidence based;
- The interpersonal skills required to work collaboratively as part of a professional team;
- The ability to work independently and meet performance deadlines.

Information Evenings

24 September 2009

27 October 2009

26 November 2009

11 February 2010

20 May 2010

23 September 2010

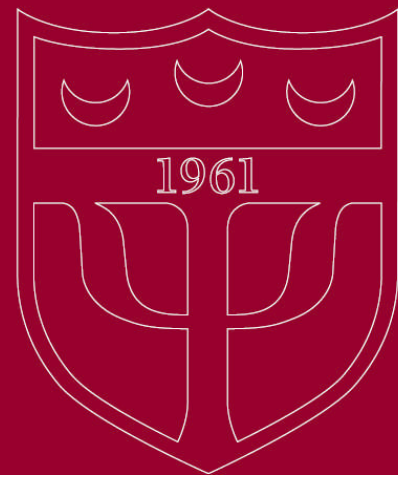
28 October 2010

Our information evenings run from 6 – 7pm. During the evening you will enjoy brief presentations on our courses and take the opportunity to find out all you need to know about what we have to offer our students. You will also be able to see our resources and facilities.

Please register your attendance at education@cairnmillar.edu.au

If you are unable to attend our information evenings please contact our office on (03) 9813 3400 to arrange a personalised visit.

Graduate Psychology Internship Program



Psychology Work Placement

Interns experience a range of workplace experiences over two or more years. You will undertake a placement in a community counselling organisation or school setting. The placements are practice based and enable interns to make the transition from theoretical learning to applied counselling practice.

Some placements require a longer term commitment and may lead to paid employment. You will participate and gain experience in client intake, administration, records and other practice management skills. Your case load will be drawn from and include individuals, couples, families and children.

Individual Supervision

80 hours over

2 years or part-time equivalent

Supervisors who match your professional objectives and interests are selected from staff members and our team of registered supervising psychologists. Each supervisor has extensive experience in the various fields of psychology and is specifically accredited and experienced in supervision.

Individual supervision involves a review of cases under treatment, your management of the case, the therapeutic relationship and your own anxieties and conflicts. It includes a close monitoring of professional boundaries, competencies, and ethical professional practice.

Group Supervision

20 hours over

2 years or part-time equivalent

Group supervision provides an opportunity for interns to gain supervision of their cases, learn from the cases of others and gain an understanding of group dynamics. The group process builds on the counselling and clinical skills gained in individual supervision, it provides peer review and support, and greatly assists in individual personal and professional development. Group supervision is conducted by a supervising psychologist in groups of five to ten.

“Cairnmillar Institute has trained hundreds of people in Counselling, Marital and Family Therapy, Trauma Therapy, and Contextual Modular Therapy.”



Time Commitment

GRADUATE DIPLOMA OF PSYCHOTHERAPY

Time Commitment

3 hours of lectures per week
20 - 35 hours per week placement
1 hour of individual supervision each week

OR

15 hours per week placement
1 hour of individual supervision per fortnight

MASTER OF PSYCHOLOGY (COUNSELLING PSYCHOLOGY)

Time Commitment

7 hours of lectures per week
20 - 35 hours per week placement
1 hour of individual supervision each week

OR

15 hours per week placement
1 hour of individual supervision per fortnight

MASTER OF PSYCHOTHERAPY

Time Commitment

7 hours of lectures per week
20 - 35 hours per week placement
1 hour of individual supervision each week

OR

15 hours per week placement
1 hour of individual supervision per fortnight

Career Opportunities

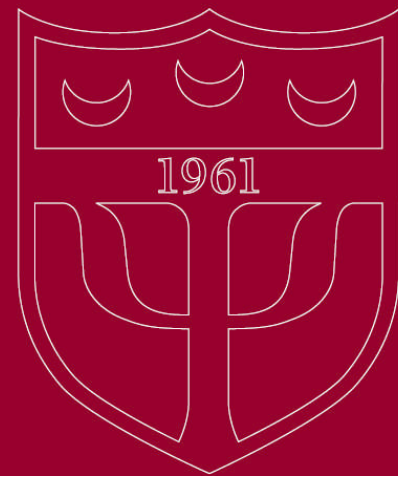
Our interns have gained employment with the following organisations

- CentaCare
- Care Connections
- Centrelink
- Mission Australia
- Anglicare
- Cairnmillar
- University Research Assistant
- Albert Road Clinic
- Alfred Hospital
- Private Psychological Practice
- Drug and Alcohol Rehabilitation Providers
- Family Relationship Centres
- Monash University
- Southern School of Natural Therapies
- Davison & Trehare

Other interns have continued to gain higher degrees

- Research Assistants
- Clinical Doctorate - LaTrobe
- PhD Research Scholarship - RMIT
- Doctorate of Professional Counselling

Graduate Psychology Internship Program



Psychometric Testing

Provisional psychologists must also develop professional competency in psychometric testing including administration, interpretation and report writing. Achieving particular assessment competency standards in the following psychometric tests is a mandatory requirement of the PRBV. Cairnmillar maintains a test library which has up-to-date copies of the most frequently used psychological tests including the following mandated by the PRBV:

IQ	WISC IV and WAIS III
Personality	16 PF, MMPI-2
Specific Functioning	ACER Applied Reading Test
Group	Ravens Progressive Matrices
Memory	WMS-IV

In addition to the individual supervision received in the administration of psychometric tests, over the last two years interns at Cairnmillar have had the opportunity to participate in a seven week psychometric testing workshop conducted by the Clinical and Talent Assessment team from Pearson Education.

This has included instruction in the administration and interpretation of the following tests:

IQ	WISC-IV and WAIS III
Personality	MMPI-2
Cognitive	Ravens Progressive Matrices, Watson Glaser & DAT
Career Choice	WROIT-2, CDM-R & IDEAS
Mental Health & Adaptive Behaviour	Beck Family, Vineland & BASC-2
Memory & Academic Achievement	WMS-IV, CMS & WIAT-II





Benefits

Cairnmillar provides comprehensive insurance including professional indemnity insurance to cover interns at Cairnmillar and on external placement. Upon enrolment, assistance with the written material to be submitted to the PRBV is provided, including assistance with the paper work for registration as a provisional psychologist. A student mentor is also available to assist interns with study and other personal issues.

Professional and Test Library

The library provides access to a comprehensive and up-to-date range of psychology, psychotherapy and counselling texts, monographs and journals. In addition to general holdings, there are sufficient specialist monograph and journal holdings to support postgraduate courses in areas of student specialisation. The library provides substantial and widespread access to appropriate and commonly used psychology, psychotherapy and counselling electronic data bases.

Students have twenty-four hour access to an electronic library system which has a student protected password link from Cairnmillar's home page to the library resource menu. The resources available include access to library catalogues, links to databases and other academic and general libraries, links to electronic journals held by Cairnmillar and to the internet search engine EBSCOHost. Training is provided for interns in their use.

Fees

The Psychology Internship programs include course fees, professional psychological practice at Cairnmillar or at external placements, individual supervision and group supervision. The course work is provided over four semesters, requiring payment at the beginning of each semester.

A breakdown of the fees for the program is included on page.

FEE-HELP

FEE-HELP can cover all or part of the tuition, placement and supervision fees.

To find out more go to www.goingtouni.gov.au

Centrelink

Students undertaking the Internship may apply for

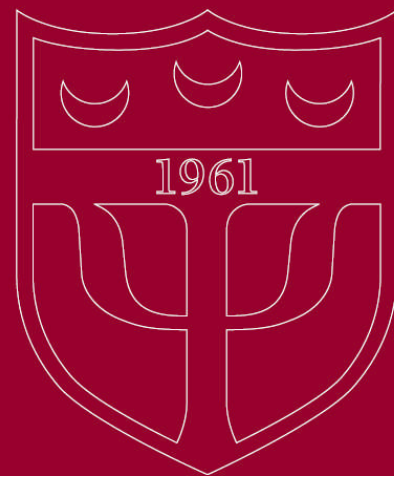
- Youth Allowance
- Austudy Payment
- ABSTUDY
- Pensioner Education Supplement.

APS Membership

Interns enrolled in Cairnmillar's Psychology Internship Programs are eligible for Associate Membership of the Australian Psychological Society by virtue of their completion of an APAC approved 4-year psychology program at an Australian University.



Graduate Psychology Internship Program



PRBV Registration – Required Hours of Psychological Practice

To gain registration as a psychologist in Victoria interns must have a four year APAC accredited degree in psychology. Provisional psychologists are required to complete a certain number of hours of workplace experience, supervision and professional development, as outlined below.

Individual Supervision	75 Hours
Group Supervision	25 Hours
Professional Development	120 Hours
Workplace Experience	5 days per week over 2 years, or part time equivalent which must not be less than 15 hours per week. Interns undertaking placements between 15 and 20 hours per week are required by the PRBV to undertake supervision once per fortnight Interns undertaking placements in excess of 20 hours per week are required by the PRBV to undertake supervision once per fortnight.
Total hours required for registration	480 days or 3,600 hours (480 days x 7.5 hours)

Processing PRBV Registration Applications

Please be aware that:

Processing of applications will take eight working weeks which commence from the date when all necessary documentation has been received. This may not correspond with the date of the initial submission as you may be asked for additional information missing from your original application.

If you will be working in certain child-related areas it is your responsibility to obtain A Working With Children Check. For further information please consult the websites of the specific responsible bodies. Cairnmillar also requires interns to provide a current Victorian Police National Record Check.

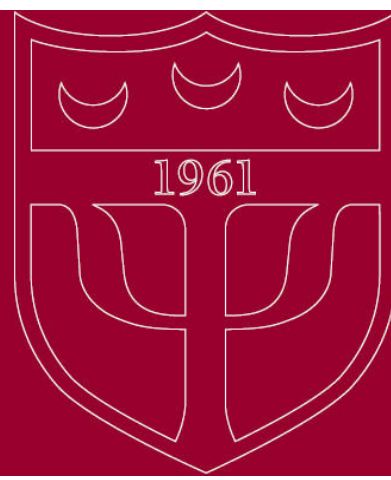
To maximise registration prior to the commencement of the program, prospective applicants need to contact Cairnmillar as soon as possible to arrange a supervisor, a placement and commence the paper work for registration.

Commencement of Program

The program commences in March and August 2010. If you have not gained provisional registration by the start of the program you may begin your placement. Although you will be required to pay the allocated fees for the Supervision on enrolment, individual supervision will not begin until PRBV approval has been given.

However, until registration is gained, Cairnmillar will make group supervision available. Please be aware that this group supervision will not be accepted by the PRBV as part of your supervised practice. Only supervision undertaken after approval of provisional registration is acceptable for final registration.

<http://www.psychreg.vic.gov.au/store/page.pl?id=3188>



What our Interns say...

Since completing my psychology internship at Cairnmillar I have established my career as a psychologist. I have a private practice, provide Employee Assistance Programs, tutor and lecture in the Department of Political Social Inquiry at Monash University and recently delivered a counselling skills program in Vietnam.

Mr Christopher Caras

Registered Psychologist in Private Practice – Melbourne

I never thought when doing the internship at Cairnmillar, that it would become so important. The experience I gained enabled me to gain a place in the doctoral program at Regent's College where until recently I have been studying with Dr Ernesto Spinelli. I would not have gained my coveted counselling placement at St Thomas Hospital in London without it.

Ms Helen Goh

Student – Doctorate of Professional Counselling – Regent's College, London

My experience as an international student at Cairnmillar has been extremely positive. I have found the courses to be of high quality, have gained professional counselling experience in a primary school and am now on placement at Mingary. As a provisional psychologist I also receive weekly supervision which counts toward my registration.

Mr Ming Yi Tee

International Masters Student

The examiners of my doctoral dissertation were very positive about my work on adult attachment and commented positively on the case studies examined and qualitative nature of the research. This reflected the teaching, encouragement and support I received at Cairnmillar.

Dr Philip Riley

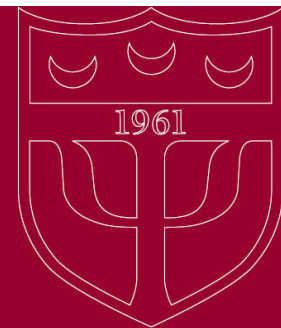
Faculty of Education – Monash University



Mr Christopher Caras



Ms Helen Goh



Coursework Timetable 2010

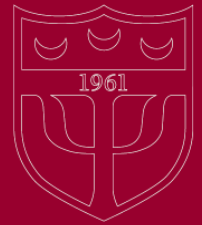
SEMESTER 1

	MONDAY	TUESDAY	THURSDAY	FRIDAY
	Graduate Diploma	Graduate Diploma	Master of Psychotherapy	Master of Psychology (Counselling Psychology)
MORNING	Brief Integrative Psychotherapy DPc1 March 1 – July 5 9am-12pm	Trauma Therapy - Extreme Stress DPe8 March 2 - June 8 9am-12pm	Existential Psychotherapy MPe6 March 4 - June 10 9am-12pm	Health Psychology MHP1 March 5 – June 11 9am-12pm
AFTERNOON	Treatment Planning & Psychopathology DPc4 March 1 – July 5 1pm-4pm	Cognitive Behavioural Therapy DPe6 March 2 - June 8 1pm-4pm	Psychoanalytic Psychotherapy MPe5 March 4- June 10 1pm-4pm	Professional Practice and Professional Ethics MPE1 March 5 – June 11 1pm-4pm

SEMESTER 2

MORNING	Trauma Therapy - Loss & Grief DPe9 Aug 2 - Nov 15 9am-12pm	Brief Integrative Psychotherapy DPc3 Aug 3 - Nov 16 9am-12pm	Key Competencies in Brief Dynamic Psychotherapy MPe7 Aug 5 - Nov 11 9am-12pm	Cognitive Behavioural Therapy MCB1 Aug 6 - Nov 12 9am-12pm
AFTERNOON	Relationship & Marital Therapy DPe7 Aug 2 - Nov 8 1pm-4pm	Treatment Planning & Psychopathology DPc5 Aug 3 - Nov 16 1pm-4pm	Health Psychology MPe8 Aug 5 - Nov 11 1pm-4pm	Psychological Assessment, Diagnostic Testing and Interview Competencies MDT1 Aug 6 - Nov 12 1pm-4pm

Graduate Diploma of Psychotherapy



FEES 2010

Year 1

SEMESTER 1

Brief Integrative Psychotherapy	\$1,800
Supervised Counselling Placement (20 individual + 5 group supervisions)	\$2,950

SEMESTER 2

Treatment Planning and Psychopathology	\$1,800
Supervised Counselling Placement (20 individual + 5 group supervisions)	\$2,950

Year 2

SEMESTER 1

Supervised Counselling Placement (20 individual + 5 group supervisions)	\$2,950
plus	

Electives

(select one from the following two units)

Cognitive Behavioural Therapy	\$1,800
Trauma Therapy 1 – Extreme Stress	

SEMESTER 2

Supervised Counselling Placement (20 individual + 5 group supervisions)	\$2,950
plus	

Electives

(select one from the following two units)

Relationship and Marital Therapy	\$1,800
Trauma Therapy 2 – Loss & Grief	

TOTAL: \$19,000

Master of Psychology (Counselling Psychology)



FEES 2010

YEAR 1

SEMESTER 1

Supervised Counselling Psychology Internship A (MP1c1)	\$2,950
Health Psychology (MHP1)	\$1,800
Professional Practice and Professional Ethics (MPE1)	\$1,800
Masters Research Project A (MRP1)	\$1,800

SEMESTER 2

Supervised Counselling Psychology Internship B (MP1c2)	\$2,950
Psychodynamic and Depth Psychology (MPP1)	\$1,800
Psychological Assessment, Diagnostic Testing and Interview Competencies (MDT1)	\$1,800
Masters Research Project B (MRP2)	\$1,800

YEAR 2

SEMESTER 1

Supervised Counselling Psychology Placement C (MP1c3)	\$2,950
Existential Counselling Psychology (MEP1)	\$1,800
Cognitive Behavioural and Internal Process Interventions (MCB1)	\$1,800
Masters Research Project C (MRP3)	\$1,800

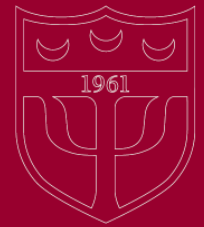
SEMESTER 2

Supervised Counselling Psychology Internship D (MP1c4)	\$2,950
Diagnostic and Treatment Skills for Specific Conditions (MAD1)	\$1,800
Professional Practice Management and Evidence Based Treatment Methods (MPM1)	\$1,800
Masters Research Project D (MRP4)	\$1,800

TOTAL FEES FOR 2010: **\$33,400**

Cairnmillar reserves the right to increase fees for 2011 and beyond

Master of Psychotherapy



FEES 2010

YEAR 1

SEMESTER 1

Brief Integrative Psychotherapy	\$1,800
Research Project - 1	\$1,800
Supervised Counselling Placement (20 individual + 5 group supervisions)	\$2,950
Masters Elective - (select one)	
Cognitive Behavioural Therapy	\$1,800
or Trauma Therapy 1 – Extreme Stress	

SEMESTER 2

Treatment Planning and Psychopathology	\$1,800
Research Project - 2	\$1,800
Supervised Counselling Placement (20 individual + 5 group supervisions)	\$2,950
Masters Elective - (select one)	
Relationship and Marital Therapy	\$1,800
or Trauma Therapy 2 – Loss & Grief	

Year 2

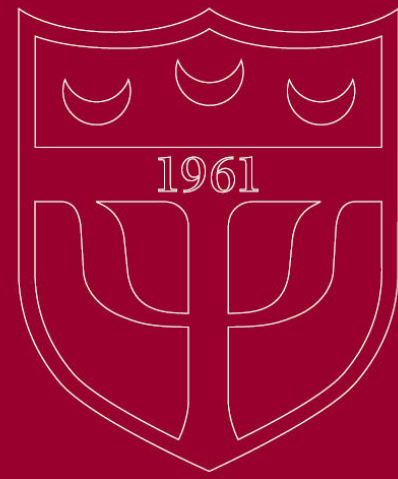
SEMESTER 1

Supervised Counselling Placement (20 individual + 5 group supervisions)	\$2,950
Masters Electives (select two from the following four units)	
Psychoanalytic Psychotherapy	\$1,800
Existential Psychotherapy	
Cognitive Behavioural Therapy	\$1,800
Trauma Therapy 1 – Extreme Stress	

SEMESTER 2

Supervised Counselling Placement (20 individual + 5 group supervisions)	\$2,950
Masters Electives (select two from the following four units)	
Relationship and Marital Therapy	\$1,800
Trauma Therapy 2 – Loss & Grief	
Health Psychology	\$1,800
Key Competencies in Brief Dynamic Psychotherapy	

TOTAL: \$29,800



Enrolment Conditions

All fees are reviewed each year and may increase without notice.

Cairnmillar reserves the right to terminate a person's participation in a course:

1. If the participant fails to meet the ongoing assessment tasks.
2. If the course is deemed to be beyond his or her ability.
3. If the person is being disruptive in class.
4. Of the student breaches the Institute's privacy and ethical conditions.
5. If the student does not accept the Institute's rules.

Cancellation Policy

Cairnmillar reserves the right to alter any of the published arrangements, either before or during a course or to cancel, substitute or terminate a course or unit where necessary.

Withdrawal and Refund Conditions

1. All refund requests must be made in writing to the School Registrar.
2. Cairnmillar does not accept responsibility for any changes in personal circumstances or work commitments of students.
3. Cairnmillar does not take any responsibility for any books or resources purchased or expenses incurred for use in its courses or programs.
4. Different refund arrangements apply for International Students. Please refer to the Information Booklet for Overseas Students.
5. A student who withdraws on or prior to the census date is entitled to receive a refund of his/her tuition fees.

Concessions

Counselling Skills and workshops attract a 10% concession for health care card holders, pensioners, full-time students and people receiving benefits. Those applying for concessions must provide a copy of their student card, social security card, or health care card to the School Registrar when enrolling.

Transfer Policy

Should a student be unable to attend a workshop or counselling skills unit, a substitute attendee is always welcome at no extra charge. Alternatively, we will make a full and prompt refund for cancellations received seven days prior to

Student Recruitment, Selection Policies and Procedures

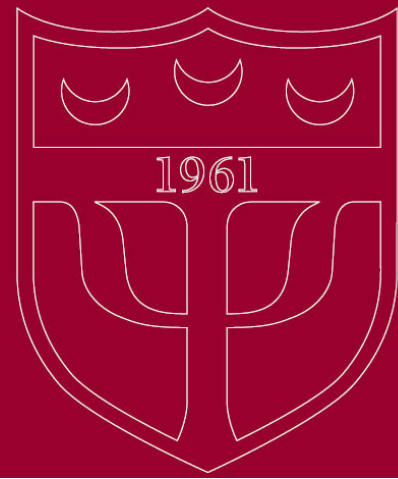
For further information go to www.cairnmillar.org.au

Privacy

The Cairnmillar Institute acknowledges and respects the privacy of individuals. We support and endorse the National Privacy Principles contained in the Privacy Amendment (Private Sector) Act 2000 and complies with these principles whenever personal information as defined by the Act is collected by us.

FEE-HELP

Need help to pay your tuition fees? FEE-HELP can cover all or part of your tuition fees for our accredited programs. To find out more go to www.goingtouni.gov.au or call 1800 020 108.



FEE-HELP information

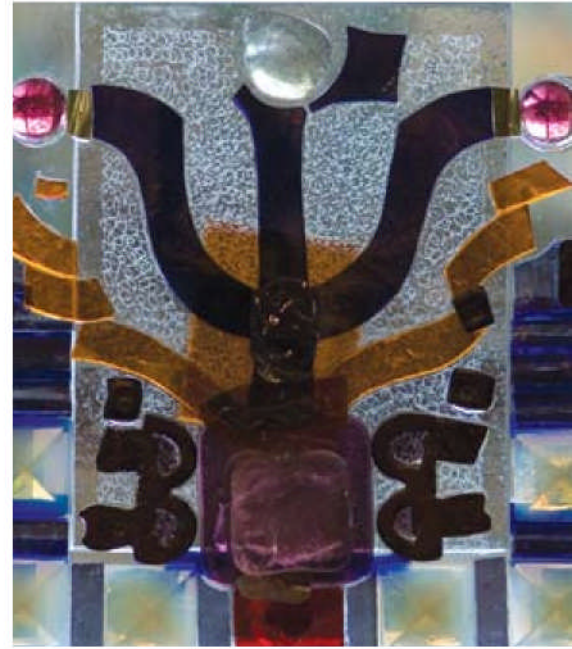
What is FEE-HELP?

FEE-HELP is a loan scheme that assists eligible students to pay their tuition fees. FEE-HELP can cover all or part of a student's tuition fees. Over their lifetime a student may borrow through FEE-HELP an amount up to the FEE-HELP limit of \$81,600 (indexed each year) to pay their tuition fees.

The Australian Government pays the amount of the loan direct to a student's higher education provider in the case of its students. Students repay their loans through the Australian taxation system once their repayment income is above the minimum repayment threshold for compulsory repayment. Voluntary repayments may be made at any time, regardless of income.

To be entitled to FEE-HELP, you must be an Australian citizen or the holder of a permanent humanitarian visa who will be resident in Australia for the duration of the course.

For more information go to www.goingtouni.gov.au



The Cairnmillar Triskelion is a highly prestigious award. It portrays a central core, representing the body of knowledge and wisdom. Three arms sweep out from the centre to represent the investment of that knowledge and wisdom for the benefit of individuals, the community and the helping professions. The intense colour of the central core portrays distinction, vitality and the importance of this outreach.



Cairnmillar
INSTITUTE

Treatment | Education | Research

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